

What is COVID-19 | Precautions You Can Take

The COVID-19 (Coronavirus Disease 2019) is a new coronavirus strain, which has caused cases of severe pneumonia

Coronavirus is a family of viruses known to cause a range of flu-like illness

Cases of coronavirus have been reported around the world

Typical Symptoms Include Fever, Dry Cough, Fatigue and Shortness of Breath

Monitor Your Health Closely

1

All travelers to monitor your health closely for 14 days upon returning from known COVID-19 areas

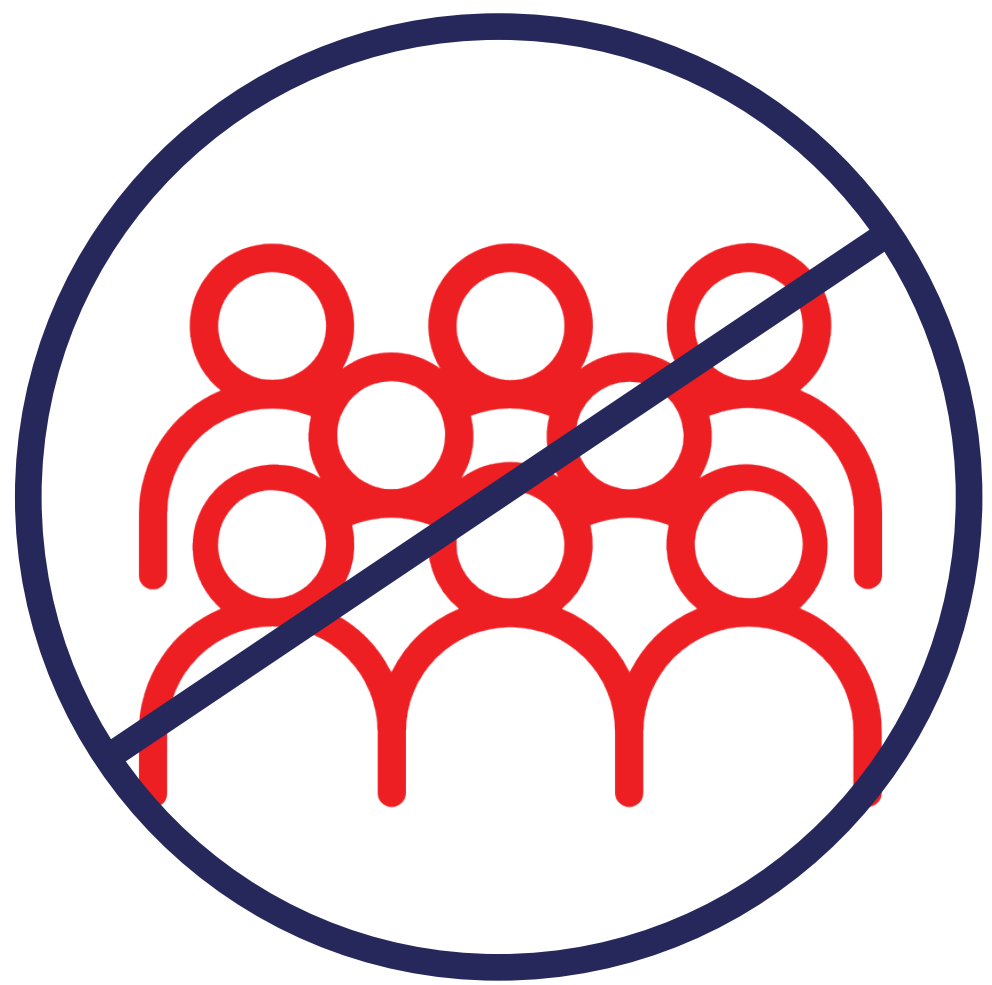
2

If you have fever, cough, or runny nose, wear a mask and seek medical attention promptly, following local guidelines

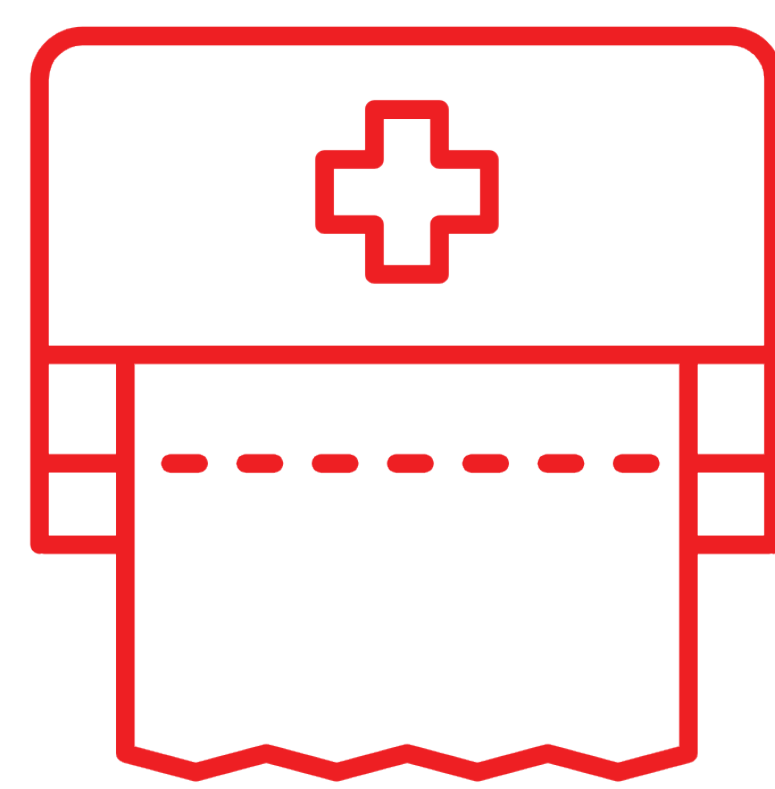
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Be ready to tell health authorities of your symptoms and travel history

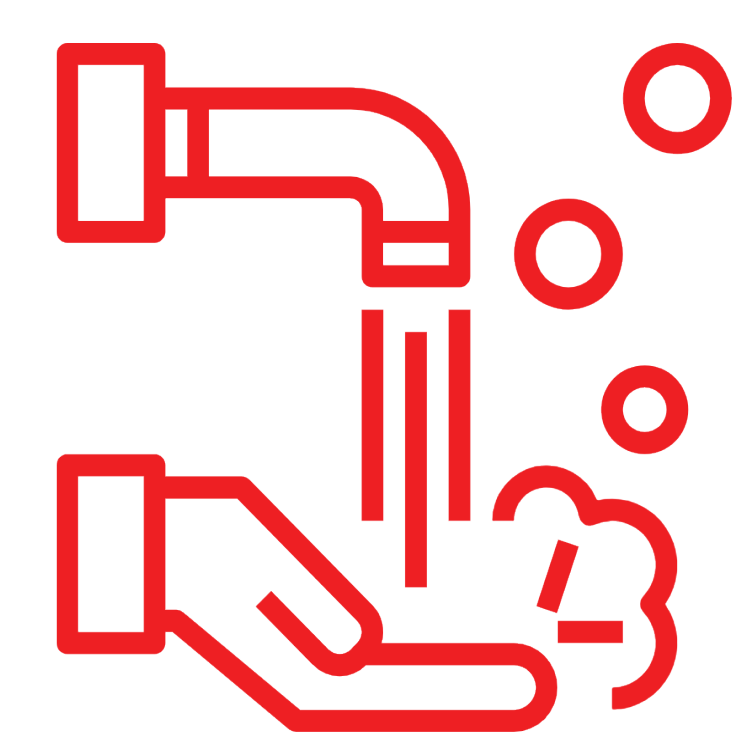
TAKE PRECAUTIONS



Avoid crowded places and being around people who are unwell



Observe good personal hygiene at all times



Wash hands frequently with soap and water for 20 seconds



Wear a mask if you have a cough or are sneezing



Cover your mouth with a tissue when coughing or sneezing



Seek help from health authorities, if you are unwell

Take Care and Adopt Good Personal Hygiene Practices