

Accessible Document

- **Enhanced understanding and empathy:** Training helps staff understand the experiences and challenges faced by residents with dementia, leading to more patient, compassionate interactions.
- **Improved communication skills:** Training provides staff with the tools to communicate clearly and effectively, making residents feel heard and understood.
- **Tailored dining experiences:** Staff can adapt the dining experience to meet individual residents' needs, such as simplifying menu choices, assisting with utensils or providing a quieter dining space.
- **Early identification of changes in health:** Trained staff are more likely to notice changes in a resident's eating habits or behavior, which can be early indicators of health issues. Prompt identification leads to quicker interventions.
- **Reduced stress and anxiety for residents:** A dementia-friendly dining environment can significantly reduce stress and anxiety for residents, making mealtimes more enjoyable and improving overall satisfaction.
- **Building trust and relationships:** When staff are equipped to handle the challenges of dementia effectively, they build trust and stronger relationships with residents, enhancing their sense of security and belonging.